



Islamic Association of Lewisville-Flower Mound

2/13/2026

To Whom It May Concern

The Muslim community residing in the cities of Lewisville & Flower Mound and around the Dallas-Fort Worth metropolitan area will be observing the month of **Ramadan**, starting **Wednesday February 18th, 2026**, which requires Muslim men and women to fast (abstain from consuming food or drinks) from sunrise to sunset.

A member of our congregation, _____, who attends Grade _____ at your school, will be observing fasting during the month of Ramadan, until **Thursday March 19th, 2026**. We therefore request you to please excuse him/her from any activities of a physical nature during school hours, such as but not limited to PE, gym, basketball, soccer, football practice, etc. from **February 18th thru March 19th, 2026**.

We thank you for your understanding and consideration in this matter. If you have any questions or need additional information, please feel free to contact us via email at bod@ialfm.org

Regards,

Board of Directors

Islamic Association of Lewisville & Flower Mound

bod@ialfm.org

This letter **must** be signed by the Parent or a legal guardian of the student.

Name of Parent or Legal Guardian: _____

Signature: _____

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IALFM is a 501(c)(3) organization. Our EIN/Tax ID # is 75-2892048